

# B-KETO

*Ultra-Fast Ketosis Supplement*

EXOGENOUS KETONES 3000 MG (BHB-BA™)



Experience the benefits of elevating your ketones! All-natural, zero-carb B-KETO exogenous ketone supplement rapidly fuels mental and physical performance and naturally supports weight management. It is clinically proven to induce ketosis regardless of diet. Plus, it tastes great and is only 10 calories!

The body naturally creates ketones as one of its energy sources. By increasing the level of ketones in the body (ketosis), it may trigger the body to burn stored fat as its preferred fuel source instead of stored glucose (carbs), which can lead to fat loss. Also, it provides lasting natural energy (with no jitters), mental clarity, and appetite suppression (including reduced carb cravings).

Drinking sugar-free B-KETO, you can experience many of the benefits from increasing the active ketone levels in your body without cutting carbs. If you are on a low-carb or ketogenic diet, B-KETO can greatly boost the effects of the diet. It is designed to support the body in quickly achieving and maintaining ketosis.

B-KETO contains a powerful dose (3,000 mg) of the novel, breakthrough KETOBHBA™ complex – a patented exogenous ketone formulation backed by scientific research and clinically proven to signal the body to naturally produce ketones and contribute to ketosis. It has been found to work almost instantly, have longer-lasting effects, and be more effective than other exogenous ketone supplements with BHB alone.

## Fuel Your Body With Ketones!

### BENEFITS MAY INCLUDE:

- Facilitates Ketosis and Ketogenesis
- Supports Fat Burning and Weight Management
- Suppresses Appetite and Cravings
- Provides Lasting Natural Energy (with no jitters)
- Improves Mental Clarity and Focus
- Boosts Physical Stamina and Endurance (great pre-workout)

### PRODUCT DETAILS:

- Fast-Acting, Zero-Carb Ketone Supplement Drink
- Contains 3,000 mg KETOBHBA™ – Patented Exogenous Ketone Complex
- Great-Tasting, Natural Grape Flavor
- All Natural, Low Calorie, Sugar Free Gluten Free, and Low Sodium

**For more information, contact a B-Epic Independent Brand Partner.**

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## Ultra-Fast Ketosis Supplement

### PRODUCT DETAILS

**DIRECTIONS:** Add contents of 1 stick pack to 8-12 ounces of water; stir or shake.

**SUGGESTED USE:** Can be consumed anytime throughout the day or used for pre-workout support. Drink 15-30 minutes before desired effect. Best if taken in a fasted state. (It won't break your fast.) Recommend drinking at least 6 hours before bedtime to not hinder sleep.

**CAUTION:** Consult your physician before taking any health supplement, especially if you are pregnant or nursing, have a medical condition, are taking prescription drugs, or are under the age of 18.

**STORAGE:** Store in a cool, dry place to maintain freshness.

MADE IN USA



### Supplement Facts

Servings Per Container: 30

**Serving Size: 1 stick (4.5 g)**

Amount Per Serving **10** % DV\*

**Calories**

**Sugars** 0 g †

Includes 0g Added Sugars 0%

**Calcium** 290.5 mg 27%

**Magnesium** 166 mg 48%

**Sodium** 265.6 mg 14%

**Potassium** 70 mg 1%

**KETOBHBA™ Blend** 3,000 mg †

(Beta-Hydroxybutyrate-Butyric Acid complex)

**Caffeine** (from green tea) 50 mg †

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Natural Flavors, Citric Acid, Malic Acid, Potassium Citrate, Beet Powder, Stevia Leaf Extract

Manufactured in a facility that processes milk, soy, eggs, nuts, and wheat.

**Gluten Free, Dairy Free, Vegan, Non-GMO**

KETOBHBA™ / BHB-BA™ patent technology and trademarks are registered and owned by Biologic Pharmamedical Research Inc.

*Statements have not been evaluated by the Food and Drug Administration. Product is not intended to diagnose, treat, cure, or prevent any disease. Results will vary.*

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## Ultra-Fast Ketosis Supplement

### RESEARCH DETAILS



#### KETOBHBA™ Supports Rapid Ketone Production

**KETOBHBA™ complex (blue line):** At approximately 30 minutes, the BA in the KETOBHBA™ complex activates ketone generation from the cells' fat supply, and by 60 minutes the ketone-generating activity in all concentration cases is vigorous. By about 90 minutes in each case, ketone production begins to slow down. KETOBHBA™ activity supports ketone production expected by the ketogenic diet and contributes to ketosis by way of ketones made by the body.

**Compared to BHB only (red line):** In most trials ketogenesis is shut down, which ultimately inhibits or counters the effect expected from the ketogenic diet. In the starved condition, some mild ketogenic (ketone production internally) activity is activated but is quickly shut down by the BHB presence. The BHB supply contributes to ketosis but not by way of ketones made by the body.

#### KETOBHBA™ Activates Longer Fat Burning

**KETOBHBA™ complex (blue line):** Immediately at 15 minutes, the BA in the KETOBHBA™ complex activates fat burning. But as BHB levels rise and persist with BHB signaling, BHB begins to shut down fat burning. Eventually the BA signal keeps the fat burning in the "on" position and it overrides BHB's signal at 33 minutes, so fat burning prevails long term as it does with the ketogenic diet.

**Compared to BHB only (red line):** Immediately at 15 minutes, the system starts to gear up fatty acid oxidation, but BHB fights against it to quickly win with its "off" signal and shut it down with no BA activation signal to counter. These counters the result expected by the ketogenic diet or fat loss initiative.

